

FREE ONLINE SERVICES & RESOURCES

Butte County Behavioral Health

Crisis Line, available 24 hours a day, 7 days a week

1.800.334.6622 or 530.891.2810

Butte County Dept. Behavioral Health Walk-In Crisis Services, youth and adults available 8:00 a.m. to 11:00 p.m., 7 days a week, including holidays, located at 560 Cohasset Rd., Ste. 180, Chico, CA 95926

Butte County Behavioral Health provides mental health crisis counseling services and assessments, beneficial for any age.

The Disaster Distress Helpline

A 24/7, 365-day-a-year, national multilingual, and confidential hotline dedicated to providing immediate crisis counseling for people who are experiencing emotional distress related to any natural or human-caused disaster, call **1.800.985.5990** or text *TalkWithUs* to **66746** to connect with a trained crisis counselor.

RESOURCES FOR BUTTE COUNTY RESIDENTS

<https://211northcomplexfire.org/>



Mental and Emotional Help Resources

Butte County Office of Education and the greater community are working to serve those impacted by the fires and our current natural disasters. You can call one of the numbers below or visit:

<https://211northcomplexfire.org/emotional-support/>

BCOE Trauma Fire Recovery Team 530.487.4418

Butte County Behavioral Health 1.800.334.6622

Disaster Distress Line 1.800.895.5990

National Suicide Prevention Lifeline

1.800.273.TALK (8255), you can chat online at

<https://suicidepreventionlifeline.org/>, or you can **Text LISTEN** to '741741' (24/7)

Additional Resources

BCOE Natural Disaster and Emergencies webpage

<https://www.bcoe.org/Natural-Disaster-and-Emergency-Resources/index.html>

Locating Meals and Family Food Boxes

<https://www.bcoe.org/Student-Services/K-12/CalKidz/index.html>

Know the Signs Campaign

<https://www.suicideispreventable.org/>

Promoting
Support, Resiliency
and Health for the
Whole Child

INFORMATION
BROUGHT TO
YOU BY:

