Understanding Childhood Mental Health & Wellness

Parents are invited to join us as we uncover:
- Understanding what is normal and what is a concern
- Common mental health challenges for youth
- What to watch for and how to talk with children as a parent
- When to ask for help and where to go to find it

Two Date Options (Same Training)
January 27, 2021 ······ February 9, 2021
- : - : p.m.

Register Here: https://tinyurl.com/ybqxy52b

QUESTIONS?
Contact Sheri Hanni - shanni@bcoe.org